NAVAL HEALTH RESEARCH CENTER

REVIEW ARTICLE: UPDATE ON SUICIDE ASSESSMENT INSTRUMENTS AND METHODOLOGIES

L. L. Hourani D. Jones K. Kennedy K. Hirsch

Report No. 99-31

20000830 059

Approved for public release; distribution unlimited.

NAVAL HEALTH RESEARCH CENTER P O BOX 85122 SAN DIEGO, CA 92186-5122

BUREAU OF MEDICINE AND SURGERY (MED-02) 2300 E ST. NW WASHINGTON, DC 20372-5300

DING QUALANY INSPRCEED 4





REVIEW ARTICLE:

Update on Suicide Assessment Instruments and Methodologies

Laurel Lockwood Hourani, Ph.D., M.P.H.;*

David Jones, Ph.D.;† Kevin Kennedy, Ph.D.;‡ and Kenneth Hirsch, M.D., Ph.D.**

*Naval Health Research Center

PO Box 85122

San Diego, CA 92186-5122

†Suicide Program Manager, Headquarters Marine Corps, Quantico, VA

‡Suicide Program Manager, Naval Personnel Command, Millington, TN

**Medical Manager, Inpatient Mental Health Services, Naval Medical Center, San Diego

Report Number 99-31 was supported by the Secretary of the Navy, Headquarters United States Marine Corps, Naval Personnel Command, and the Office of Naval Research under work unit 6821. The views expressed in this report are those of the authors and do not reflect the official policy or position of the Department of the Navy, Department of Defense, or the U.S. Government. Approved for public release; distribution is unlimited.

The authors gratefully acknowledge the helpful contributions of Drs. Joseph Rothberg, Jill Feig, Michael Gelles, and Tina Hawkes.

Abstract

This review summarizes the current status of suicide assessment and focuses on suicidespecific instrumentation and methodologies developed in the last 30 years. The purpose is to provide a brief overview and comparison of modern suicide assessment tools. The emphasis is on instruments and methodologies that may have utility beyond the individual clinical application. Thirty-two suicide rating scales, as well as case vignettes, psychological autopsies, suicide reviews, and postsuicide assessment instruments are described. The Scale for Suicide Ideation-Worst and the military's postsuicide assessment instruments appear to have the greatest reliability, broadest application, and utility for large-scale intervention/prevention purposes.

In their meta-analysis of 81 published studies on the predictability of suicidal behavior, van Egmond and Diekstra (1990) concluded that suicide prediction research had made little headway in the previous 25 years. Dr. Robert Litman, in his plenary address to the 1995 annual conference of the American Association of Suicidology, noted that the prediction of suicide is like the prediction of earthquakes in that more vulnerable individuals and groups can be identified, but it is not possible to predict which individual will commit suicide or when (Litman, 1996). This is not to say that there has not been much learned about suicide in 30 years. For example, we know that almost 70-75% of the people who commit suicide give advance communication of their intention (Jacobs, Brewer & Klein-Benheim, 1999; Litman, 1996). More than 60 variables have been identified as differentiating various suicidal and nonsuicidal subjects (van Egmond & Diekstra, 1990). Numerous research results can be used to distinguish suicide completers, attempters, and natural deaths (Maris, 1981). Much of what we have learned about suicide over the last 30 years has come from the application of suicide assessments. Suicide assessment is used here in the broad sense to include any empirical or systematic means of estimating suicide potential, suicide intent, or of identifying those at risk of suicide. Both predictive and retrospective assessment strategies are included. In addition to using standard rating scales, several new methodologies offering alternative suicide assessment procedures have recently been developed. This review summarizes the current status of suicide assessment and focuses on suicide-specific instrumentation and methodologies developed in the last 30 years. The purpose is to provide clinicians and researchers a brief overview and comparison of modern suicide assessment tools. The emphasis is on instruments and methodologies that may have utility beyond the individual clinical application and that may be administered in a population or group setting. For this reason, clinical interviewing strategies or judgments, such as the

innovative CASE Approach (see Shea, 1999), and use of biological markers, while having certain clinical utility, have limited practical application in a population or group administration, and therefore are not reviewed here.

Suicide Assessment Scales

Previous Reviews

Several excellent reviews of suicide assessment instruments have been published in the last 30 years. Lester (1970) reviewed numerous commonly used standard psychological tests and specially devised tests and concluded that the use of standard psychological tests, such as the Rorschach, MMPI, TAT, and Bender-Gestalt, had not been fruitful. Of the tests devised specifically to identify and predict suicidal risk, the PSPI (Devries, 1966) appeared to be useful but not yet adequately evaluated. Tests devised to use admissions data and data from personal history appeared to be the most useful. Brown and Sheran (1972) in their review, found that "neither single signs, standard psychological tests, specially devised tests, clinical judgments, nor scales" were able to predict suicide at useful levels. Scales were considered to offer the best predictive potential but required better construction. Of several rating scales "useful in the detection of suicide risk" reviewed by Englesmann and Ananth (1981), the Suicide Potential Scale (revised by Miskimins and Wilson [1969]) was recommended for the detection of suicidal risk. These authors also concluded that no suicide rating scale could be applied to all populations, and that agencies and institutions should devise their own screening instruments and procedures for identifying patients at risk. Farberow (1981) reached a similar conclusion from his review of scales available in the 1970's: that research should concentrate on the development of specific measures for certain types of individuals in particular situations.

Subsequently, Burk, Kurz, and Moller (1985) inquired whether suicide risk scales helped to predict suicidal behavior. They reviewed 15 scales and concluded that well-constructed risk scales, such as those of Farberow and MacKinnon (1974) and Pallis, Barraclough, Levey, Jenkins, & Sainsbury (1982), were "capable of identifying persons with a high probability of future suicide." Although Burk et al. conceded that the accuracy of prediction was not satisfactory from a statistical point of view, they suggested that risk scales may be helpful in clinical management. Most recently, Rothberg and Geer-Williams (1992) reviewed 19 suicide prediction scales and noted considerable variation and some conflicting results in the risk estimates applied to several clinical cases. Further noted was a relative absence of information on the psychometric properties of the scales and that additional work characterizing suicide risk assessment instruments was needed.

Suicide-Specific Scales

Starting with MEDLINE and Psychological Abstracts on-line literature searches, and continuing with the so-called snowball approach, 32 published articles describing the development of a suicide prediction or intention scale were identified (see Table 1). Criteria for inclusion in this review included English language instruments designed for adult populations and described in the professional literature since 1966. This time period permitted the inclusion of a maximum number of instruments in use over the last 30 years. In addition, only suicidespecific scales, as opposed to broader psychological symptom, state, or disorder measures such as the MMPI, were included. Scales such as Beck's Hopelessness Scale, while also predictive of suicidal risk, were omitted because they were designed to reflect a respondent's negative expectancies in a variety of psychopathological conditions, rather than suicide risk per se (Beck, Weissman, Lester, & Trexler, 1974b).

Table 1 shows the instruments in chronological order of their initial publication in the literature. To facilitate instrument evaluation, the length, purpose, tested population and selected available psychometric information are presented. Although several instruments have been used in numerous studies, additional references have not been cited unless significantly new psychometric data were obtained.

Scales varied greatly within descriptive categories. The length of scales varied from 6 to 50 items. Although the majority of instruments were designed to predict suicide or suicidal behavior, several related purposes included the assessment of ideation and assessment of lethality/seriousness of attempt. Others were designed for use with a specific population, such as prisoners, hospitalized patients, or callers to a suicide prevention center. The majority of instruments were designed as clinical interview forms and were tested on patient populations. The second most frequent data source was clinical or police records, followed by self-report. The exceptions to patient populations included suicide attempters identified from police records, prisoners, callers to a suicide prevention center, samples of high school students, and various community volunteer samples. Sample sizes ranged from a low of 20 to a high of 3,701 psychiatric patients. The majority had poor to modest predictive ability. Of studies that included follow-up of patients, the longest follow-up period was 15 years. This study (Beck, Brown, Steer, Dahlsgaard, & Grisham, 1999) was also the most recent one, the one with the largest sample size, and the one reporting the greatest internal consistency and most adequate psychometric information. As such, the SSI-W appears to be the current standard or state-of-the art instrument. Nevertheless, a number of limitations remain with suicide rating scales. Briefly, most are based on a prediction rather than an assessment model, cannot be validly applied to

different groups of individuals or clinical settings, do not weight the risk factors in their scales, and do not permit an interaction effect among the risk factors (Stelmachers, 1992).

Other Suicide Assessment Methodologies

Case Vignette Method

In an attempt to overcome the shortcomings of suicide potential rating scales, at least two studies have applied a case vignette method to suicide risk assessment (Stelmachers, 1992). In the case vignette method, a series of medical records from a crisis intervention center's files were summarized and abstracted to include most of the data relevant to the assessment of suicide risk. These vignettes were intended for use as anchoring points for levels of suicide risk to guide clinicians in their future judgments of short-term and long-term suicide risk ratings. These studies found poor reliability of clinical judgments about the selection of crisis management procedures and clinical dispositions. Further, judgments about the desirability of various procedures and dispositions were not significantly more reliable than judgments about suicide risk.

Psychological Autopsies

"The phrase 'psychological autopsy' refers to a procedure for reconstructing an individual's psychological life after the fact, particularly the person's lifestyle and those thoughts, feelings, and behaviors manifested during the weeks preceding death, in order to achieve a better understanding of the psychological circumstances contributing to a death. The essential ingredients of the psychological autopsy method include face-to-face interviews with knowledgeable informants within several months of the death, review of all extant records describing the decreased, and comprehensive case formulation by one or more mental health professionals with expertise in postmortem studies." (Clark & Horton-Deutsch, 1992, 144).

The utility of the psychological autopsy appears to vary with its primary purpose from assisting certifying officials in determining the most likely mode of death in equivocal cases

(Selkin, 1994; Shneidman, 1994) to understanding the circumstances and state of mind of the victim at the time of death (Gelles, 1995). Psychological autopsies are considered important to the study of antecedents of suicide and prediction of future suicides (Clark & Horton-Deutsch, 1992). In their review of the literature, Clark and Horton-Deutsch (1992) suggested that "the well-controlled psychological autopsy study may be the best available window onto the phenomenon of suicide in all its diverse aspects and textures" (pp. 145). However, numerous shortcomings have been identified both conceptually and practically with the psychological autopsy (Selkin, 1994). Psychological autopsies on the average take 12 - 20 hours to complete and have no standardized guidelines (Gelles, 1995). Many psychological autopsies terminate inconclusively because no decision rules have been established for the procedure (Selkin, 1994). Several investigators have noted the lack of studies on the reliability and validity of the psychological autopsy method (Beskow, Runeson, & Asgard, 1990; Poythress, Otto, Darkes, & Starr, 1993). Investigators have noted that unless data from various informants are elicited with a standardized protocol, the quantity and quality of data will vary as a function of the informant and the interviewer, and reconciling discrepant information from different sources will be fraught with biases. Comparison groups, which are rarely included, are needed to adequately interpret psychological autopsy findings (Clark & Horton-Deutsch, 1992). Special training is required to appropriately deal with grieving and sometimes hostile or suspicious informants who may be motivated to conceal information (Selkin, 1994). The Army, which mandates the use of psychological autopsies on all suspected suicides, recently identified unmet needs for conducting and using the results of psychological autopsies including (1) when a psychological autopsy is to be performed, (2) who performs it (including qualifications), (3) how the results should be used, (4) the establishment of a quality assurance review process, and (5) appropriate management

processes to ensure oversight of the analysis (Rothberg, 1998). It further noted the omission of fundamental data elements about the individual's military life, such as how long the person had been a soldier. In a review of the methodological issues in using psychological autopsies to study suicide, Hawton et al. (1998) noted that it is the pooling of information from all available sources that is likely to result in the most valid and reliable findings. Perhaps the main benefit of the psychological autopsy approach is that it allows the study of the suicidal process, especially the sequence of events and experiences that lead to death, which in turn provides valuable information for determining potentially effective strategies for preventing suicide.

Root Cause Analyses/Suicide Reviews

An alternative to the psychological autopsy, which focuses on lessons learned, is a form of assessment called Root Cause Analysis (RCA). This is a systematic, problem-solving methodology utilized in a variety of industries, and which is now mandated by the Joint Commission for the Accreditation of Healthcare Organizations (JCAHO) for the analysis of sentinel events (among them, inpatient suicide). The purpose of the RCA applied to any suicide (inpatient, outpatient or of a non-patient) is to identify factors that are amenable to policy, procedural and/or other system changes. These factors are identified during the course of meetings of all personnel involved in the care and management of the victim, plus other persons who are felt to be able to potentially contribute to a better understanding of how the incident took place and why protective barriers and preventative measures failed to function optimally. An RCA may be conducted to identify factors that led or contributed to a suicide: environmental, situational social, occupational issues, etc., as well as factors that failed to prevent the incident. An improvement tracking system is used to track process or system improvement(s) that are identified through the RCA, and is used in the improvement of patient care. When used in the

healthcare environment, the RCA work product is an internal, confidential Quality Assurance document that specifies root causes (or root contributory factors), corrective actions, and how the corrective action will be monitored or measured for effectiveness. This method has been successfully used in the Navy to identify and evaluate organizational suicide interventions. A similar peer review assessment, called the suicide review, is considered a valuable instrument in the process of improving patient care in a health maintenance organization and is described by Stelovich (1999). Both RCAs and Suicide Reviews are conducted under strict guidelines for peer review proceedings to protect the privacy of participants and ensure the efficient use of their time. Accordingly, the dissemination of their findings is limited within individual institutions.

Postsuicide Assessment Instruments

Because of the difficulties and limited applicability of the suicide rating scales, psychological autopsies, and RCAs, and the need for timely clinical and epidemiological information, the U.S. military has been instrumental in developing methods of suicide assessment for monitoring trends and prevention program planning. The Department of the Navy (DON) designed an alternative data collection instrument titled the DON Suicide Incident Report (DONSIR). The purpose of this alternative instrument is to provide the Department of the Navy with the same type of information gathered in the psychological autopsy but collected in a standardized, structured format to accelerate access to information and reduce bias in the data collection process. The DONSIR focuses on military sources of data only, minimizing interactions with family and friends. Although information from nonmilitary family and friends may also be included, it is not required for completion of the form. Consisting of 102 items, the DONSIR includes a wide range of demographic, casualty, military service, medical, services use, and command or work site situation information, as well as administrator feedback items,

command interview forms, and a narrative summary form. Forms are reviewed and processed for coding errors and missing data prior to entry into an ACCESS database. Excel and SPSS/SAS files are used to produce periodic clinical and statistical reports to suicide prevention program managers as well as more complex analyses for research protocols.

The Air Force Suicide Event Surveillance System includes a somewhat less comprehensive data collection instrument but includes all suicides as well as nonfatal attempts in a secure web-based reporting system. The Department of Defense has recently drafted a multi-service postsuicide assessment and surveillance review and reporting process. It is expected to create common data collection procedures and policies for the support and enhancement of suicide prevention efforts across all branches of the military. These combined data should help overcome problems with low base rate events.

Conclusions

For the most part, suicide assessment via rating scale – whether completed by clinicians, patients, or others, or whether intended to predict subsequent completed suicide or assess an individual's suicidal behavior or intention – still leave much to be desired. Although several investigators have previously questioned the utility or predictive value of rating scales, this review shows that improvement in the construction and psychometric properties of the scales has occurred in recent years and that alternative assessment methodologies show promise for the identification of groups at high risk for suicide.

Suicide assessments have generally fallen into two broad categories: instruments or scales designed to predict suicidal behavior prior to a completed suicide and instruments or methods designed as retrospective inquiries to determine risk factors following a suicide. While the former focuses more on individual risk for clinical purposes, the latter may be more useful at

identifying high-risk groups or populations for prevention purposes. As such, the sensitivity and specificity relationships are not the same and the means for evaluating the instruments will be different. For example, as their primary role as data collection forms, little to no psychometric information is available on the latter category of instruments.

Among the suicide rating scales, Beck et al.'s (1999) Scale for Suicide Ideation—Worst appears to show the greatest reliability and utility. Its unique contribution is the measurement of suicide ideation at its worst point, the only significant predictor of eventual suicide in his large sample, rather than current ideation, which was found not to be a significant predictor. Research remains to show, however, its applicability to other demographic and patient groups.

Among other suicide assessment methodologies, postsuicide assessments seem to have the broadest and most general application. They appear to serve overlapping purposes with psychological autopsies and suicide reviews but permit the quantification and pooling of results that can provide feedback into intervention and prevention activities or programs. These findings suggest that prevention of an individual's suicide may better be accomplished through population or group-based risk-factor assessment and intervention.

References

- Arboleda-Florez, J., & Holley, H. L. (1988). Development of a suicide screening instrument for use in a remand centre setting. *Canadian Journal of Psychiatry*, 33(7), 595-598.
- Arboleda-Florez, J., & Holley, H. (1989). Predicting suicide behaviours in incarcerated settings.

 Canadian Journal of Psychiatry, 34(7), 668-674.
- Bagge, C., & Osman, A. (1998). The Suicide Probability Scale: Norms and factor structure.

 *Psychological Reports, 83, 637-638.
- Beck, A. T., Brown, G. K., Steer, R. A., Dahlsgaard, K. K., & Grisham, J. R. (1999). Suicide ideation at its worst point: A predictor of eventual suicide in psychiatric outpatients.

 Suicide and Life-Threatening Behavior, 29(1), 1-9.
- Beck, A. T., & Kovacs, M. (1979). Assessment of suicidal intention: The scale for suicide ideation. *Journal of Consulting and Clinical Psychology*, 47(2), 343-352.
- Beck, A. T., Schuyler, D., & Herman, I. (1974a). Development of suicidal intent scales. In: A. T.Beck, H. L. P. Resnik, & D. J. Lettieri (Eds.), *The prediction of suicide* (pp. 45-56).Bowie, MD: The Charles Press Publishers, Inc.
- Beck, A. T., Weissman, A., Lester, D., & Trexler, L. (1974b). The measurement of pessimism:

 The hopelessness scale. *Journal of Consulting and Clinical Psychology*, 42(6), 861-865.
- Beskow, J., Runeson, B., & Asgard, U. (1990). Psychological autopsies: Methods and ethics. Suicide and Life-Threatening Behavior, 20(4), 307-323.
- Braucht, N. G., & Wilson, L. T. (1970). Predictive utility of the Revised Suicide Potential Scale.

 Journal of Consulting and Clinical Psychology, 35(5), 426.
- Brown, T. R., & Sheran, T. J. (1972). Suicide prediction: A review. *Life-Threatening Behavior*, 2(2), 67-98.

- Buglass, D., & Horton, J. (1974). A scale for predicting subsequent suicidal behaviour. *British Journal of Psychiatry*, 124, 573-578.
- Burk, F., Kurz, A., & Moller, H. J. (1985). Suicide risk scales: Do they help to predict suicidal behaviour? European Archives of Psychiatry and Neurological Sciences, 235, 153-157.
- Clark, D. C., & Horton-Deutsch, S. L. (1992). Assessment in absentia: The value of the psychological autopsy method for studying antecedents of suicide and predicting future suicides. In R. W. Maris, A. L. Berman, J. T. Maltsberger, & R. I. Yufit (Eds.),

 Assessment and prediction of suicide (pp. 144-182). New York: Guilford Press.
- Cohen, E., Motto, J. A., & Seiden, R. H. (1966). An instrument for evaluating suicide potential:

 A preliminary study. *American Journal of Psychiatry*, 122(8), 886-891.
- Dean, R. A., Miskimins, W., De Cook, R., & Wilson, L. T. (1967). Prediction of suicide in a psychiatric hospital. *Journal of Clinical Psychology*, 23, 296-301.
- Devries, A. G. (1966). A potential suicide personality inventory. *Psychological Reports*, 18, 731-738.
- Eddins, C.L. & Jobes, D.A. (1994). Do you see what I see? Patients and clinician perceptions of underlying dimensions of suicidality. Suicide and Life-Threatening Behavior, 24, 170-173.
- Eisenberg, M. G., Hubbard, K. M., & Epstein, D. (1989). Efficacy of a suicide detection scale in determining lethality of ideation among hospitalized veterans: A case study. *Military Medicine*, 154(5), 246-249.
- Engelsmann, F., & Ananth, J. (1981). Suicide Rating Scales. *Psychiatric Journal of the University of Ottawa*, VI(1), 47-51.

- Farberow, N. L. (1981). Assessment of suicide. In P. McReynolds (Ed.), *Advances in psychological assessment* (Vol. 5, pp. 124-190). San Francisco: Jossey-Bass.
- Farberow, N. L., & MacKinnon, D. (1974). A suicide prediction schedule for neuropsychiatric hospital patients. *Journal of Nervous and Mental Disease*, 158(6), 408-419.
- Feinstein, R., & Plutchik, R. (1990). Violence and suicide risk assessment in the psychiatric emergency room. *Comprehensive Psychiatry*, 31(4), 337-343.
- Freeman, D. J., Wilson, K., Thigpen, J., & McGee, R. K. (1974). Assessing intention to die in self-injury behavior. In C. Neuringer (Ed.), *Psychological assessment of suicidal risk* (pp. 18-42). Springfield: Charles C. Thomas.
- Garzotto, N., Siani, R., Tansella, C. Z., & Tansella, M. (1976). Cross-validation of a predictive scale for subsequent suicidal behaviour in an Italian sample. *British Journal of Psychiatry*, 128, 137-140.
- Gelles, M. G. (1995). Psychological autopsy: An investigative aid. In M. I. Kurke (Ed.), *Police psychology into the 21st century* (pp. 337-355). Mahwah, NJ: Lawrence Erlbaum Associates.
- Harkavy-Friedman, J. M., & Asnis, G. M. (1989). Assessment of suicidal behavior: A new instrument. *Psychiatric Annals*, 19, 382-387.
- Hawton, K., Appleby, L., Platt, S., Foster, T., Cooper, J., Malmberg, A., & Simkin, S. (1998).

 The psychological autopsy approach to studying suicide: A review of methodological issues. *Journal of Affective Disorders*, 50, 269-276.
- Holmes, E. K., Mateczun, J. M., Lall, R., & Wilcove, G. L. (1998). Pilot study of suicide risk factors among personnel in the United States Marine Corps (Pacific Forces).

 *Psychological Reports, 83, 3-11.

- Jobes, D. A. & Berman, A.L. (1993). Suicide and malpractice liability: Assessing and revising policies, procedures, and practice in outpatient settings. *Professional Psychology:*Research and Practice, 24, 91-99.
- Korn, M. L., Botsis, A. J., Kotler, M., Plutchik, R., Conte, H. R., Finkelstein, G., Grosz, D., Kay, S., Brown, S.L., & van Praag, H. M. (1992). The suicide and aggression survey: A semistructured instrument for the measurement of suicidality and aggression.
 Comprehensive Psychiatry, 33(6), 359-365.
- Koslowsky, M., Bleich, A., Greenspoon, A., Wagner, B., Apter, A., & Solomon, Z. (1991).

 Assessing the validity of the Plutchik Suicide Risk Scale. *Journal of Psychiatric Research*, 25(4), 155-158.
- Lester, D. (1970). Attempts to predict suicidal risk using psychological tests. *Psychological Bulletin*, 74(1), 1-17.
- Lettieri, D. J. (1974). Suicidal Death Prediction Scales. In: A. T. Beck, H. L. P. Resnik, & D. J. Lettieri (Eds.), *The prediction of suicide* (pp. 163-192). Bowie, MD: The Charles Press Publishers, Inc.
- Levine, S., Ancill, R. J., & Roberts, A. P. (1989). Assessment of suicide risk by computer-delivered self-rating questionnaire: Preliminary findings. *Acta Psychiatrica Scandinavica*, 80, 216-220.
- Linehan, M. M., L., G. J., Nielsen, S. L., & Chiles, J. A. (1983). Reasons for staying alive when you are thinking of killing yourself: The reasons for living inventory. *Journal of Consulting and Clinical Psychology*, 51(2), 276-286.
- Litman, R. E. (1996). Suicidology: A look backward and ahead. Suicide and Life-Threatening Behavior, 26(1), 1-7.

- Maris, R. W. (1981). Pathways to suicide. Baltimore: The Johns Hopkins University Press.
- Miskimins, R. W., & Wilson, L. T. (1969). Revised suicide potential scale. *Journal of Consulting and Clinical Psychology*, 33(2), 258.
- Motto, J. A., Heilbron, D. C., & Juster, R. P. (1985). Development of a clinical instrument to estimate suicide risk. *American Journal of Psychiatry*, 142(6), 680-686.
- Pallis, D. J., Barraclough, B. M., Levey, A. B., Jenkins, J. S., & Sainsbury, P. (1982). Estimating suicide risk among attempted suicides: I. The development of new clinical scales. *British Journal of Psychiatry*, 141, 37-44.
- Patterson, W. M., Dohn, H. H., Bird, J., & Patterson, G. A. (1983). Evaluation of suicidal patients: the SAD PERSONS scale. *Psychosomatics*, 24(2), 343-349.
- Pierce, D. W. (1977). Suicidal intent in self-injury. British Journal of Psychiatry, 130, 377-385.
- Pierce, D. W. (1981). The predictive validation of a suicide intent scale: A five year follow-up.

 British Journal of Psychiatry, 139, 391-396.
- Plutchik, R., & van Praag, H. (1986). The measurement of suicidality, aggressivity and impulsivity. *Clinical Neuropharmacology*, 9(4), 380-382.
- Potter, L. B., Kresnow, M., Powell, K. E., O'Carroll, P. W., Lee, R. K., Frankowski, R. F., Swann, A. C., Bayer, T. L., Bautista, M. H., & Briscoe, M. G. (1998). Identification of nearly fatal suicide attempts: Self-inflicted injury severity form. Suicide and Life-Threatening Behavior, 28(2), 174-186.
- Poythress, N., Otto, R. K., Darkes, J., & Starr, L. (1993). APAs expert panel in the congressional review of the USS Iowa incident. *American Psychologist*, 48(1), 8-15.

- Resnick, J. H., & Kendra, J. M. (1973). Predictive value of the "scale for assessing suicide risk" (SASR) with hospitalized psychiatric patients. *Journal of Clinical Psychology*, 29(2), 187-190.
- Rothberg, J. M. (1998). The Army psychological autopsy: Then and now. *Military Medicine*, 163(6), 427-433.
- Rothberg, J. M., & Geer-Williams, C. (1992). A comparison and review of suicide prediction scales. In: R. W. Maris, A. L. Berman, John T. Maltsberger, & Robert I. Yufit (Eds.), Assessment and prediction of suicide (pp. 202-213). New York: Guilford Press.
- Selkin, J. (1994). Psychological autopsy: Scientific psychohistory or clinical intuition? *American Psychologist*, 49, 74-75.
- Shea, S.C. (1999). The Practical Art of Suicide Assessment. New York: John Wiley & Sons, Inc.
- Shneidman, E. S. (1994). The psychological autopsy. American Psychologist, 49, 75-76.
- Siani, R., Garzotto, N., Tansella, C. Z., & Tansella, M. (1979). Predictive scales for parasuicide repetition. Further results. *Acta Psychiatrica Scandinavica*, 59, 17-23.
- Smith, K., Conroy, R. W., & Ehler, B. D. (1984). Lethality of suicide attempt rating scale.

 Suicide and Life-Threatening Behavior, 14(4), 215-242.
- Stanley, B., Traskman-Bendz, L., & Stanley, M. (1986). The suicide assessment scale: A scale evaluating change in suicidal behavior. *Psychopharmacology Bulletin*, 22(1), 200-205.
- Stelmachers, Z. T. (1992). The case vignette method of suicide assessment. In R. W. Maris, A. L. Berman, J. T. Maltsberger, & R. I. Yufit (Eds.), *Assessment and prediction of suicide* (pp. 255-274). New York: Guilford Press.
- Tuckman, J., & Youngman, W. F. (1968). A scale for assessing suicide risk of attempted suicides. *Journal of Clinical Psychology*, 24(1), 17-19.

- van de Loo, K. J. M., & Diekstra, R. W. F. (1970). The construction of a questionnaire for the prediction of subsequent suicidal attempts: A preliminary study. *Nederlands Tijdschrift Voor de Psychologie en Haar Grensgebieden*, 25(2), 95-100.
- van Egmond, M., & Diekstra, R. F. W. (1990). The predictability of suicidal behavior: The results of a meta-analysis of published studies. *Crisis*, 11(2), 57-84.
- Wang, E. W., Rogers, R., Giles, C. L., Diamond, P. M., Herrington-Wang, L. E., & Taylor, E. R. (1997). A pilot study of the personality assessment inventory (PAI) in corrections:
 Assessment of malingering, suicide risk, and aggression in male inmates. *Behavioral Sciences and the Law*, 15, 469-482.
- Weisman, A. D., & Worden, J. W. (1972). Risk-rescue rating in suicide assessment. Archives of General Psychiatry, 26, 553-560.
- Zung, W. K. (1974). Index of Potential Suicide (IPS): A rating scale for suicide prevention. In:
 A. T. Beck, H. L. P. Resnik, & D. J. Lettieri (Eds.), The prediction of suicide (pp. 221-249). Bowie, MD: The Charles Press Publishers, Inc.

Table 1. Suicide Assessment Instruments, 1966--1999*

Psychometrics	55% of suicidal subjects and 79% of nonsuicidal subjects correctly classified	49% of patients with highest scores (7+) attempted or committed suicide in 5-8 year follow-up	Mean score higher for suicides; 58% correctly classified (Braught & Wilson, 1970) (Braucht & Wilson, 1970)	Highest score yielded highest suicide rate of 61/1000. Does not predict suicide potential among psychiatric inpatients (Resnick & Kendra, 1973)	Approximately 80% of each group classified with cut-point at 5	Risk score $r = .56$ with level of treatment, interrater reliability $\alpha = .93 - 95$
Administration	Self-report questionnaire	Nonclinical questionnaire interview	Medical records	Police records	Medical and police files	Medical records
Tested population	130 suicidal and 83 nonsuicidal male neuro- psychiatric inpatients	193 suicide attempter inpatients	31 suicides, 24 potential inpatient suicides, 162 nonsuicidal hospital controls	3,800 attempters; 1959- 1966 from police records	152 attempter and 57 completed suicide inpatients	100 hospital "suicide cases"
Description/purpose	13 or 50 items to differentiate suicidal from nonsuicidal patients	14-item instrument to discriminate future suicidal behavior	16-item clinical instrument to predict potential suicide	17-item scale to identify individuals with high suicide potential	14 items to predict subsequent suicide attempts	10 items to assess lethality of suicide attempts
Title/reference	Potential Suicide Personality Inventory (PSPI) (Devries, 1966)	Instrument for the Evaluation of Suicidal Potential (IESP) (Golden Gate Clinic Instru- ment-GGCI) (Cohen, Motto, & Seiden, 1966)	Revised Suicide Potential Scale (RSPS)(Dean, Miskimins, De Cook, & Wilson, 1967; Miskimins & Wilson, 1969)	Scale for Assessing Suicide Risk of attempted suicides (SASR) (Tuckman & Youngman, 1968)	Nijmegen Suicide Prediction Questionnaire (van de Loo & Diekstra, 1970)	Risk-Rescue Rating (Weisman & Worden, 1972)

^{*}Published suicide-specific instruments (i.e., not assessing depression). Does not include studies of individual variables or scale items. Medline parameters: English language, adult population, since 1966.

Table 1. Suicide Assessment Instruments, 1966--1999* (Cont'd)

Psychometrics	Specificity ranged .7094, Sensitivity ranged .7893	Reliability correlations: .7197. Mean probability of dying = .123, \$\SD = .215\$	Interrater reliability for Part 1: α = .91; completed had higher means than attempters	Probability of repetition = 48% for scorers of 5 or 6. Probability of repetition = 45.5% for Italian scorers of 3-6 (Garzotto, Siani, Tansella, & Tansella, 1976) (Siani, 1979)	Correctly identified 79% of eventual suicides and incorrectly identified 25% of controls	No difference in mean social scores by suicide behavior groups; clinical scores lower in no-suicide-behavior group
Administration	Telephone interview of callers to suicide prevention center	Crises center case records	Part I: case files of medical examiner; Part II: clinical interview	Medical records	Clinical review of medical records	Self-rating, interviewer rating, and significant other rating forms
Tested population	465 alive callers to LASPC, 52 callers known to die	277 attempted and 34 completed suicides reported to intervention center by law enforcement	231 attempter inpatients (1971-1973), 194 completed suicides from medical examiner's office	766 Poisoning Treatment Center inpatients	187 inpatient suicides (1966-1968), 194 nonsuicide inpatient controls	275 psychiatric inpatients
Description/purpose	4 age- and sex-specific scales of 8-14 items to predict death by suicide within 2 years of call to suicide prevention center (long and short forms)	two 5-point ordinal scales to assess suicide intention- ality	15-item survey, 2 parts to assess seriousness of attempt and subsequent suicidal risk	6-item scale to predict subsequent suicidal behavior	11-item scale to predict potentiality of committing suicide in patients being considered for release from hospital	69 variables in 2 parts to predict high risk for suicide
Title/reference	Suicidal Death Prediction Scales (Los Angeles Suicide Prevention Center Scale) (Lettieri, 1974)	Intent-to-Die Scale (Freeman, Wilson, Thigpen, & McGee, 1974)	Suicide Intent Scale (Beck, Schuyler, & Herman, 1974a)	Scale for Predicting Subsequent Suicidal Behavior (SPSSB) (Buglass & Horton, 1974)	Neuropsychiatric Hospital Suicide Prediction Schedule (Farberow & MacKinnon, 1974)	Index of Potential Suicide (IPS) (Zung, 1974)

^{*}Published suicide-specific instruments (i.e., not assessing depression). Does not include studies of individual variables or scale items. Medline parameters: English language, adult population, since 1966.

Table 1. Suicide Assessment Instruments, 1966—1999* (Cont'd)

Psychometrics	'Correlation = .93 with Beck Suicide Intent Scale. Mean for suicide during 5-year follow-up not different from nonsuicides	Internal consistency: alpha = .89 Interrater reliability: alpha = .83 Construct validity: r = .47 w/Hopelessness Scale; r = .39 w/Beck Dep Inventory	(a) Correctly classified 91%;incorrectly classified 9%;(b) Correctly classified 83%;incorrectly classified 16%	Internal reliability of scales: .7289; survival and coping scales? correlated with suicidal behavior but did not distinguish between hospitalized attempters and ideators	Students more accurately assess risk than controls	Intraclass reliability: rs = .81 to .98
Administration	6 items from case files, 4 self-report, 2 clinical judgments	Clinician semistructured interview	(a) semistructured interview, (b) average 4 informant interviews	Self-report questionnaire	Clinical judgment aid	Clinical judgment aid
Tested population	500 self-injury inpatients	90 psych inpatients with suicidal rumination, mostly depressed	(a) 151 attempted suicide inpatients, (b) 75 completed suicides notified to coroner—Britain	218 Washington, DC, adult volunteers, shoppers, students, workers, and 213 Seattle shoppers and students	2 videotapes of patients shown to 36 medical students and 21 controls	24 psychiatric staff members rated 24 attempt vignettes
Description/purpose	12-item scale to predict subsequent suicide	19-item clinical research instrument to assess ideation	(a) 20-item long scale, (b) 7-item short scale to identify mental states preceding nonfatal and fatal suicide attempt	48 items w/ 6 subscales to measure reasons for not committing suicide	10 items for assessing the risk of suicide	11-point (0-10) scale for measuring the degree of lethality of suicide attempts
Title/reference	Intent Scales (IS) (Pierce, 1977; Pierce, 1981)	The Scale for Suicide Ideation (SSI) (Beck & Kovacs, 1979)	New clinical scales to estimate suicide risk among attempted suicides (Pallis et al., 1982)	Reasons for Living Inventory (RFL) (Linchan, Nielsen, & Chiles, 1983)	SAD PERSONS scale (Patterson, Dohn, Bird, & Patterson, 1983)	Lethality of Attempt Rating Scale (Smith, Conroy, & Ehler, 1984)

^{*}Published suicide-specific instruments (i.e., not assessing depression). Does not include studies of individual variables or scale items. Medline parameters: English language, adult population, since 1966.

Table 1. Suicide Assessment Instruments, 1966—1999* (Cont'd)

Psychometrics	Rate of suicide in high-risk category = 6.8-9.6%, low risk category = 3.0-3.8% (overall sample = 4.9%)	Interrater reliability: $r = .7888$; higher means for attempters than nonattempters	Internal reliability: α = .84; not an effective discriminator of suicidal severity (Koslowsky et al., 1991)	Marital status only direct statistical predictor of suicide risk. Interaction of criminal and clinical variables correctly discriminated 100% of active suicide risks (Arboleda-Florez & Holley, 1989)	Depression scale more sensitive than SIQ; computer better predictor than clinician	Not useful in differentiating degrees of lethality, may be useful in identifying suicidal ideation in nonmental health settings (Eisenberg, et al., 1989). Factor structure and norms confirm revision of measure is necessary (Bagge & Osman, 1998)
Administration	Clinical interview	Semi-structured clinical interview	Self-report (yes-no) questionnaire	Clinical interview	Computerized interview	Self-report
Tested population	3,005 mental health inpatients (1969-1974)	62 attempters & 47 non- attempter psychiatry patients	80 outpatient Israeli soldiers	18 prisoners	102 deliberate self-harm inpatients	1,397 veteran inpatients; also 390 university undergrads (Bagge & Osman, 1998)
Description/purpose	15 risk variables to estimate degrees of suicide risk in hospitalized adults	20 items to assess changes in levels of suicidality	26 items to distinguish between suicidal ideation and behavior	24 items to provide an estimate of suicide potential	17 items to predict subsequent suicide	36 items to assess suicide risk in clinical and nonclinical adolescents and adults
Title/reference	Risk Estimator for Suicide (Motto, Heilbron, & Juster, 1985)	Suicide Assessment Scale (SAS) (Stanley, Traskman- Bendz, & Stanley, 1986)	Suicide Risk Scale (SRS) (Plutchik & van Praag, 1986)	The Suicide Checklist (Arboleda-Florez & Holley, 1988)	Suicide Ideation Questionnaire (SIQ) (Levine, Ancill, & Roberts, 1989)	Suicide Probability Scale (SPS) (Eisenberg, Hubbard, & Epstein, 1989)

^{*}Published suicide-specific instruments (i.e., not assessing depression). Does not include studies of individual variables or scale items. Medline parameters: English language, adult population, since 1966.

Table 1. Suicide Assessment Instruments, 1966—1999* (Cont'd)

							- ₋	
Psychometrics	HASS-I internal consistency = alpha= .9091 HASS-II internal consistency = .9192, moderately correlated with depression	Internal reliability: α = .79, approx 82% sensitivity and specificity between groups with cut-point at 11	Interrater reliability: $r = .89$	45% patient-clinical exact match, 45% differed + 1 point. Clinician underrated agitation of patients (Eddins & Jobes, 1994).	Correlated with PAI Suicidal Ideation (SUI) $r = .45$ and Suicide Potential Index (SPI)	Cases significantly higher mean Risk-Rescue rating than noncases interrater reliability $\alpha = .93$	Unknown	Internal consistency: $\alpha = .98$, multiple logistic regression showed odds ratio of eventual suicide = 9.11, sensitivity = 80%, specificity = 78%
Administration	Self-report survey	Medical record of clinical interview	Clinical interviews	Clinician completes form; patients completes identical likert-type scale	Clinical-medical records	Clinician completes form	Supervisor completes form	Clinical interviews
purpose Tested population Administration	2 samples of high school students (n = 382, n = 279)	95 psychiatric emergency service pts (50 admitted, 45 discharged)	20 psychiatric hospital inpatients	52 parasuicidal student- patients and their trained clinicians at a university counseling center	126 referred inmate patients	715 hospital "suicide cases"	228 suicide attempter, 22 completer, 384 nonsuicidal male Marines	3,701 psychiatric outpatients (1975-1994) (30 suicides)
Description/purpose	3-part instrument: HASS-Demo, 21-item HASS-I, 21-item HASS-II to assess patients' experience with lifetime and recent suicidal behavior	10 items to identify and predict violent behavior in ER patients	unknown	2-part form with 7-item checklist & 6-item likerttype scale to facilitate clinical assessment of suicidal patients	73 items to predict suicide in prison	Case criteria for distinguishing between "nearfatal" and less severe suicide attempts	137 variables to differentiate suicidal from nonsuicidal Marines	19-item scale to rate patients' suicide ideation at its worst point in their lives
Title/reference	Harkavy Asnis Suicide Survey (HASS-1) (Harkavy-Friedman & Asnis, 1989)	Violence and Suicide Assessment Form (VASA) (Feinstein & Plutchik, 1990)	Suicide and Aggression Survey (SAS) (Korn et al., 1992)	Suicide Status Form (SSF) (Jobes & Berman, 1993)	Suicide Risk Assessment (SRA) (Wang et al., 1997)	Self-Inflicted Injury Severity Form (SIISF) (Potter et al., 1998)	Suicide Questionnaire (Holmes, Mateczun, Lall, & Wilcove, 1998)	Scale for Suicide Ideation— Worst (SSI-W) (Beck et al., 1999)

*Published suicide-specific instruments (i.e., not assessing depression). Does not include studies of individual variables or scale items. Medline parameters: English language, adult population, since 1966.

REPORT	DOCUN	IENTA	TION	PAGE
--------	--------------	--------------	------	-------------

Form Approval OMD No. 0704-0188

Public reporting burden for this collection of information is estimated to average 1 hour per response, including the time for receiving instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to Washington Headquarters Services, Directorate for Information Operations and Reports, 1215 Jefferson Davis Highway, Suite 1204, Arlington VA. 22202-4302, and to the Office of Management and Budget, Paperwork Reduction Project (0704-0188), Washington, DC 20503.

8 / 1	, , , , , , , , , , , , , , , , , , ,		
1. AGENCY USE ONLY (Leave blank)	2. REPORT DATE Oct 1999	3. REPORT TYPE AND DATE COVERED Final 1966 to 1999	
4. TITLE AND SUBTITI Instruments and Me	LE REVIEW ARTICLE: Update on Suicide Assessment ethodologies	5. FUNDING NUMBERS Program Element: REIMB Work Unit Number: 6821	
6. AUTHOR(S) Laurel Lockwood Kennedy, Ph.D.	Hourani, Ph.D., M.P.H.; David Jones, Ph.D.; and Kevin	. .	
Naval Heal PO Box 85	IZATION NAME(S) AND ADDRESS(ES) th Research Center 122 CA 92186-5122	8. PERFORMING ORGANIZATION Report No. 99-31	
Office of Nav 800 North Q	ORING AGENCY NAME(S) AND ADDRESS(ES) ral Research uincy Street A 22217-5660	10. SPONSORING/MONITORING AGENCY REPORT NUMBER	
11. SUPPLEMENTARY NO	OTES		
12a. DISTRIBUTION/AVAI	LABILITY STATEMENT	12b. DISTRIBUTION CODE	
Approved for public re	lease; distribution is unlimited.	A	

13. ABSTRACT (Maximum 200 words)

This review summarizes the current status of suicide assessment and focuses on suicide-specific instrumentation and methodologies developed in the last 30 years. The purpose is to provide a brief overview and comparison of modern suicide assessment tools. The emphasis is on instruments and methodologies that may have utility beyond the individual clinical application and that may be administered in a population or group setting. Thirty-one suicide rating scales, as well as case vignettes, psychological autopsies, suicide reviews, and postsuicide assessment instruments are described. The Scale for Suicide Ideation—Worst and the military's postsuicide assessment instruments appear to have the greatest utility.

•	icide, suicide assessment, suicio chological autopsies	15. NUMBER OF PAGES 24 16. PRICE CODE	
17. SECURITY CLASSI- FICATION OF REPORT	18. SECURITY CLASS- IFICATION OF THIS PAGE	19. SECURITY CLASSI- FICATION OF ABSTRACT	20. LIMITATION OF ABSTRACT
Unclassified	Unclassified	Unclassified	Unlimited